

Bernie Dyme Bio

Bernie Dyme is the President & CEO, of Perspectives, a company he co-founded in 1981. Since launching over 40 years ago, Perspectives has been focused on empowering people to achieve success through improved well-being. What began as a counseling and psychotherapy practice has grown into a powerful resource for helping organizations and individuals address the many factors that can affect mental health and success. Perspectives provides employee, member, and student assistance programs, counseling and psychotherapy services, and dynamic workforce strategy and development consulting.

Bernie is a Board-Certified Diplomate (BCD) in Clinical Social Work, and a Licensed Clinical Social Worker (LCSW). He earned his master's degree in Social Work at the University of Chicago's Crown Family School of Social work, Policy and Practice.

He has expertise in how organizations work and in helping the individuals who work within them. Bernie provides organizational consultation on the design, implementation, and analysis of Employee Assistance Programs (EAP), WorkLife Programs, HR-related issues, and organizational development and provides training in all these areas.

Bernie is passionate about ensuring that employees have full access to mental health services with a focus on prevention and early intervention. Bernie helps organizations create a balanced approach between cost savings and safe, healthy, and productive workplaces. His mix of clinical and business training has enabled him to assist CEOs and other business leaders in making sound business decisions and creating high-performing workplaces.

Bernie is an active member of more than a dozen professional and community organizations that align with his passion to make sure all organizations and employees have the resources they need to achieve well-being. These include the Employee Assistance Professionals Association (EAPA), the Society of Human Resource Professionals (SHRM), and the Executives Club of Chicago. He is also the Chair of the Advisory Council of The Crown Family School of Social Work, Policy, and Practice at the University of Chicago. He is the past president of the Board of Directors for the Chicago Coalition for the Homeless and is currently an active member of the Board.