

Barney Straus is an adventure-based therapist in private practice in Chicago, IL, where he works with individuals and groups to treat people recovering from addictions and compulsive behaviors. Barney has created programming for many treatment centers; these include Suncloud Health, Working Sobriety Chicago, and All Points North Lodge, in Edwards, Colorado. He is a part-time faculty member at Loyola University Chicago, School of Social Work, Roosevelt University, Department of Psychology, and New Mexico Highlands University, School of Social Work.

Barney is the founder of Adventure Forward Therapy, a practice dedicated to integrating adventure into the therapeutic process. He is the author of the 2018 book *Healing in Action: Adventure-Based Counseling with Therapy Groups*. He is co-author of the 4th Edition of *Group Psychotherapy with Addicted Poulations*, to be published by Routledge in 2023.