

## Brief Biography:

Rose Metivier is a Licensed Clinical Professional Counselor and the Intake Director at Midwest Counseling & Diagnostics in Chicago, Illinois. She has extensive experience providing individual and group therapy related to a wide range of issues, including addiction, eating disorders, trauma, and self-injury. She received an undergraduate degree in Psychology and Italian from the University of Colorado, and a Masters in Clinical & Counseling Psychology from Illinois State University. She is board certified with the National Board of Certified Counselors, is certified in EMDR, and extensively trained in DBT. Rose works primarily with DBT and other mindfulness and compassion based approaches placing a priority on collaboration, transparency, and humor to promote insight and change in a safe, strengths-focused environment.

Danielle Doucette, PsyD, CEDS-S, is a Clinical Psychologist and Director of Eating Disorder Treatment at Midwest Counseling and Diagnostics, in Chicago. She has earned the designation of a Certified Eating Disorder Specialist and is an iaedp-approved supervisor, providing supervision to professionals seeking their certification as an eating disorder specialist. Dr. Doucette is trained in Acceptance and Commitment Therapy, Exposure and Response Prevention, and Radically-Open Dialectical Behavior Therapy and she has had the privilege to present throughout the United States on topics related to eating disorders, self-injury, and ACT.