

Dr. Erin Terada is a Licensed Clinical Psychologist. She graduated with her Doctorate in Clinical Psychology from ISPP in 2012. /Dr. Terada has worked in all levels of mental health care, specializing in the treatment of Eating and Feeding disorders, OCD, Anxiety, NonSuicidal Self Injury, and PTSD. In addition to this, Dr. Terada is a Certified Eating Disorder Specialist and Approved Supervisor (CEDs-S) through The International Association for Eating Disorder Professionals (Iaedp) and a member of the International OCD foundation (IOCDF). Dr. Terada has presented both locally and nationally at multiple conferences on her areas of focus, as well as been featured on national publications and podcasts. Lastly, Dr. Terada devotes part of her time to first responders, volunteering on the Illinois Medical Emergency Response Team (IMERT) as a mental health team member, providing a variety of services from debriefing to wellness practices.