

W. Leighton Clark IV

Biography

Leighton Clark is a Partner (Co-Founder) and Consultant at Peace and Grace at the End, LLC, Chicago, IL. He advises clients of all aspects of getting their “affairs in order” before death. This includes legal, possessions, family issues, finances, and anything else that needs completion. Mr. Clark is passionate about being a certified Death Doula.

Leighton Clark is the founder of Creative Transitions, LTD., a consulting firm that specializes in assisting individuals, groups and organizations in the life transition process. Methods employed are psychotherapy, training and organizational development consulting. Mr. Clark received his master’s degree in Clinical and Industrial Social Work and post-graduate training in Organizational Development from George Williams College (now Aurora University). He is a licensed clinical social worker. He holds a three-year post-graduate certificate in Body Psychotherapy from The Midwest Institute for Somatic Psychotherapy.

Mr. Clark is a former certified Employee Assistance Professional who was a co-founder, Executive Vice-President and Partner of the Employee Assistance Program Division of Perspectives, Ltd. He was Northeast Regional Manager for Employee Assistance Program Services for Parkside Medical Services Corporation. Prior to that position, he was an Employee Assistance Program Representative for United Airlines. In addition, he has run a structured outpatient addictions program and has been a career counselor at a local college. He has 30 years of professional experience.

Mr. Clark has specialized in the treatment of professionals, in particular doctors, lawyers, executives, clergy, healthcare professionals, and psychotherapists. His experience with doctors includes clinical assessment of the impairment level of physicians, doing psychotherapy with doctors (20 % of his caseload), providing organizational development services to medical and dental groups, and providing mid-life career coaching to physicians.

Mr. Clark was a trustee of the Institute for Clinical Social Work (an educational institution granting a PhD. in social work) for twelve years. He is a former board member of the Employee Assistance Professionals Association, Northern Illinois Chapter, and former chairperson and founding member of the Ethics Committee. He is a member of the National Association of Social Workers and was chairperson of the Colleague Assistance Task Force Illinois Chapter.

Some of the client organizations Mr. Clark either designed and implemented Employee Assistance Programs for, or provided organizational development consulting services to, include Arthur Anderson, Leo Burnett, J. Walter Thompson, Northwestern University, University of Chicago and Hospitals, Chicago White Sox, Amoco, U.S. Steel, The United Center, The Catholic Theological Union, Lutheran Synod (Illinois), Episcopal Diocese, Catholic Archdiocese, and The Illinois Health Professionals Assistance Program.