

Mardy Chizek RN, FNP, BSN, MBA, AAS
President
Charism Eldercare Services

Mardy is a Registered Nurse who is also an advance practice nurse. In addition to her clinical experience, she has significant healthcare consulting experience in Risk, Claims, Utilization Management and Quality Improvement. She has worked in the senior services segment of healthcare for more than 20 years in management and consulting roles.

Mardy graduated from a diploma school of nursing in Nebraska. She received her Family Nurse Practitioner training in the United States Air Force. Her undergraduate and graduate degrees are from the University of Memphis in Memphis, Tennessee. Mardy has an Associate Degree in Culinary and Hospitality with culinary and pastry certificates.

Mardy has been self employed since 2002. Her practice is local, regional and national. The scope of her business ventures include legal nurse consulting, risk management consulting and eldercare navigating and advocacy as a geriatric care manager.

As a geriatric care manager her practice is clinically focused, but relies on expertise from multiple disciplines including legal, financial, insurance and behavioral health. She develops and delivers an interdisciplinary plan to maintain the safety, dignity, autonomy, independence and quality of life for seniors. Through her negotiation and mediation she keeps families intact. The outcome of her practice is peace of mind for the caregiver.

Mardy has published on a wide variety of topics pertinent to management and healthcare. She also has extensive experience as a public speaker on topics related to her expertise and practice.

