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Rose Metivier is a Licensed Clinical Professional Counselor and the Intake Director at Midwest Counseling & Diagnostics in Chicago, Illinois. She has extensive experience working with adolescents and adults providing individual and group therapy related to a wide range of issues, including addiction, eating disorders, trauma, and self-injury. She received an undergraduate degree in Psychology and Italian from the University of Colorado, and a Masters degree in Clinical & Counseling Psychology from Illinois State University. She is board certified with the National Board of Certified Counselors, certified in EMDR, and extensively trained in DBT. Rose places a high priority on collaboration, transparency, and humor to promote insight and change in a safe, strengths-focused environment.