

## **BRIAN CASEY**

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Brian Casey is a health educator, author, and police sergeant. He has a degree in Health Education and over thirty-five years of experience working as a paramedic, EMS Educator, and police officer. His skills include developing peer support teams, building and maintaining trust with public safety workers, and promoting mental and emotional wellbeing.

He is the author of three workplace wellness books:

*Good Cop, Good Cop: A Get Healthy, Stay Healthy Guide for Law Enforcement;*

*Ambulance Man: A Memoir;* and

*Peer Support Fundamentals*