

**January 1, 2023**

**Michael Goldman**

Michael Goldman, M.A. has been a trainer and certified addictions counselor (CRADC) for the past 39 years and certified employee assistance program (CEAP) counselor the past 34 years. He is also a Licensed Professional Counselor (LPC), a qualified Substance Abuse Professional (SAP), and a certified Problem and Compulsive Gambling Counselor (PCGC). As a trainer, he has developed and implemented over 4,700 hours of wellness programs. This includes stress management, conflict resolution, nutrition/fitness, time management, financial management, chemical dependency awareness, anger management, sexual harassment, smoking cessation, compulsive gambling, bullying in the workplace, mindfulness-based stress reduction, suicide, autism and cultural diversity.

He currently works as a Formal Referral Specialist for CuraLinc Healthcare. As an EAP professional, he assists people receive the type of help for personal issues they require. Prior to that, he was an EAP counselor for Cook County Government for 30 years and was responsible for assessment of employees' personal problems, securing resources for those problems, coordinating insurance benefits, and providing case management. In addition, he has consulted with management and unions concerning impaired employees.

He has provided training nationally to employees, to treatment professionals, at conferences, and to community groups. He is currently a member of the Northern Illinois Employee Assistance Professionals Association. He has also served on their Board of Directors, as their Treasurer and annual conference chairman. He

also belongs to the Illinois & Wisconsin Councils on Problem Gambling and served on the board of directors for the ICPG.