June 3, 2019 - Pre-Conference | 8:30 am - 3:30 pm
June 4, 2019 - Conference | 8:00 am - 5:00 pm
Drury Lane | Oakbrook Terrace, IL
Welcome to the Northern Illinois Employee Assistance Professionals Association’s 41st Annual Conference, “Real People, Real Problems, Real Solutions.” Once again this year, I am tremendously impressed by the work and planning that has gone into our conference. I look forward to the opportunity to strengthen our attendees’ knowledge and resources in carrying out our professional mission of providing the best in workplace-focused behavioral health.

I am excited and proud to be serving as the Chapter President as we roll out our first two-day conference event in our history. Our Conference Chair, Peter Bradley, and our hard-working Conference Committee have put together another top-notch schedule of presentations, leading off with Monday’s full day pre-conference workshop, “Getting Up to Speed: The Latest on Drugs & Trends,” presented by Shawn Bain of Global Drug Concepts. Shawn’s presentation for our Labor Committee last year was highly rated, and his presentation at this conference will provide the very latest information on trends in substance use and abuse, which promises to be valuable for all professionals working with drug and alcohol problems.

Our Tuesday schedule will kick off with a keynote address by our own Chet Taranowski. Chet’s keynote will present approaches to help employees consider the need for, and to move forward through, the process of forgiveness. Tuesday’s breakout sessions will cover a wide range of clinical and organizational topics including mindfulness work, working with special populations (including individuals with eating disorders and autistic spectrum disorders), as well as some timely legal and risk management topics. We will also continue our tradition of featuring a lunch time speaker who gives personal testimony to the lifesaving help that employee assistance and treatment providers give to our employees and their families. Our lunch is also a time to catch up with each other, and honor our Member of the Year and others who have contributed to our Association.

Please keep your conference program handy, and use it to plan your time at our annual conference and as a reference to our sponsors and exhibitors.

We have consistently heard that our conference is one of our attendees’ leading resources for professional development and networking, and delivers the highest value to our members and attendees. Part of our success in doing this over the years has been due to the support of our sponsors and exhibitors. We have many excellent resources in our area, and they have been great supporters of our association. I encourage you to spend time getting to know our exhibitor/sponsors and learning about the services they offer. The opportunity to network and develop professional relationships has always been one of the strengths of our association.

On behalf of the Conference Chair and Co-Chair, the Conference Committee and Resource Team, our valued volunteers, and the Board of Directors who have all worked together to create this year’s conference, we hope you find your attendance at our conference to be rewarding and enjoyable. I look forward to spending time talking to as many of you as possible, and catching up on what is happening with your professional lives.

**Paul Fitzgerald, PsyD, LCPC, CEAP**
**PRESIDENT, NIEAPA**

**41st Annual Conference**
# Table of Contents

- President's Welcome
- Pre-Conference Information (02)
- Conference Team (03)
- Agenda & Floorplan (04)
- Session Descriptions (06)
- Exhibitors (10)
- Food Sponsors (11)
- Self Care Door Prizes (12)
- Advertisements (13)
- CEAP Client Bill of Rights (25)
- EAPA Membership Application (26)
- EAPA Membership Categories (29)
- EAPA Membership Benefits (30)
- EACC CEAP PDH Application (32)
- PDH Training Attendance Record (33)
- Labor Member of the Year Past Recipients (34)
- NIEAPA Member of the Year Past Recipients (34)
- NIEAPA Board of Directors
Pre-Conference

Getting Up to Speed:
The Latest on Drugs & Trends

Presenter

SHAWN BAIN

This program includes topics such as current designer street drugs like Molly, Bath Salts, Huffing, LSD, GHB, K2/Spice, and Krokodil. Current drug paraphernalia is displayed and discussed to depict the ease in camouflaging drug use. A strong emphasis is placed on the physiological effects of the drugs and indicators to look for. So-called “traditional” drugs such as marijuana, cocaine, crack, heroin, and methamphetamine are also covered extensively as individuals still heavily abuse these drugs. A portion of the program also deals with prescription medications, including DXM, due to the easy accessibility in most households.

EACC CEAP PDH APPROVAL
June 3, 2019 | Oakbrook Terrace, Illinois

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Conference Committee

Conference Chair:
Peter Bradley, Illinois Institute for Addiction Recovery
Co-Chair:
Sara Tigay, Foundations Recovery Network

Credentialing:
Paul Fitzgerald, Adler University
Tom Delegatto, Recovery Works Merrillville

Sponsorship/Exhibitors:
Laura Adams, Hazelden Betty Ford Foundation
Kathy Horton, Employee Resource Systems, Inc

NIEAPA Board Liaison:
Charley Galassini, I.B.E.W. Local Union 701

Program:
Bill Heffernan, Employee Resource Systems, Inc.
Laura Adams, Hazelden Betty Ford Foundation
Tom Delegatto, Recovery Works Merrillville
Rick Kronberg, Behavioral Health Concepts
Linda Lewaniak, ERC/Insight Behavioral Health Centers
Don Mitckess, Banyan Treatment Centers

Volunteer Committee:
Gloria Bloodsaw, Gateway Foundation
Sue Raddatz

Self Care Prize Raffle:
Scott Cullen-Benson, Illinois Professional Health Program
Carolyn Chambless, Purpose Healing Center

A very special thank you to the following volunteers who assisted with preparation of materials, exhibitor support, registration, speaker introductions and as session monitors throughout the day.

Volunteers

Volunteer Coordinators:
Gloria Bloodsaw
Sue Raddatz

Professional Volunteers:
Chris Drake
Sarah Greene
Felicia M. Houston
Doug LaBelle

Student Volunteers:
Felicia Houston
Sana Hussain
Callie Keeney
Ravyn King
Lesa Porter
Sunette Thompson

NIEAPA.ORG
AGENDA

7:30 am  Registration/Check-In
BALLROOM FOYER

7:45 - 8:15 am  Continental Breakfast – Visit Exhibits
VENETIAN AND TERRACE

8:15 - 8:30 am  Welcome & Introductions
OAK AND BROOK

8:30 - 9:45 am Keynote Session: Forgiveness at Home & at Work
OAK AND BROOK

9:45 - 10:15 am  Break - Visit Exhibits
VENETIAN AND TERRACE

10:15 - 11:45 am  Concurrent Sessions
1 - Promoting Prosocial Behaviors for Employer-Referred Clients in the Workplace
   FRENCH ROOM

2 - Mindfulness in the Workplace: Being Proactive and Productive to Enhance Workplace Satisfaction
   CRYSTAL III

3 - Helping Employers Learn How to Support Employees on the Autism Spectrum Disorder
   CRYSTAL I

4 - Supporting the Substance Abusing Professional Along Whole Continuum of Care
   CRYSTAL II

11:45 - 1:15 pm  Lunch & Speaker
OAK AND BROOK

1:15 - 1:30 pm  Break & Visit Exhibitors
VENETIAN AND TERRACE
1:30 - 3:00 pm  Concurrent Sessions
5 - How to Better Self-Manage Conflict for Productive Outcomes  
FRENCH ROOM
6 - A Transdiagnostic Approach: An Introduction to Radically-Open Dialectical Behavior Therapy  
CRYSTAL III
7 - Recognizing Eating Disorder Behaviors in the SUD Population and Integrated Treatment  
CRYSTAL II
8 - Using Team-Building Activities to Impart the Spirit of AA's Twelve Steps  
CRYSTAL I

3:00 - 3:30 pm  Break - Visit Exhibits & Raffle  
VENETIAN AND TERRACE

3:30 - 5:00 pm  Concurrent Sessions
9 - You've Received a Subpoena for Records or Deposition, Now What?  
CRYSTAL III
10 - Identifying and Addressing Internet Pornography Use, Substance Use and High Risk Sexual Behaviors in the Workplace  
FRENCH ROOM

FLOORPLAN
SESSION DESCRIPTIONS

Keynote Presentation - 8:30 - 9:45 am

Forgiveness at Home and at Work
Chester Taranowski, Ph.D., LCSW, CEAP

Issues of revenge and resentment in our personal lives and in the workplace can span decades. Maintaining resentments can impair human well-being and interfere with work productivity. This program will review some of the key literature on this topic. The session will present some approaches to help employees consider the need for and to move forward through the process of forgiveness. OAK AND BROOK

Late Morning Session - 10:15 - 11:45 am

SESSION 1 - Promoting Prosocial Behaviors for Employer-Referred Clients in the Workplace
Speakers: Jim Nicholas, LCPC, CRADC and Vanessa Lowrey, LCPC, CADC

Social Dynamics are an essential part of understanding efficacy in the workplace. If prosocial behaviors have not been modeled or reciprocated properly and effectively, this can lead to interpersonal conflict and lack of productivity and engagement, all of which are costly to employees and the employer. In this session, the importance of Prosocial Behaviors and how to motivate clients to employ them will be shared. FRENCH ROOM

SESSION 2 - Mindfulness in the Workplace: Finding the Balance in Being Proactive and Productive to Enhance Workplace Satisfaction
Speaker: Emily Keehn, M. Ed., LPC

Mindfulness is about being aware, on purpose in the present moment. How many times in a day do you find yourself aware of too much, and ultimately feel completely distracted or disorganized? In this session, you will learn about evidenced based mindfulness practices, how to incorporate mindfulness into your work day and conserve your mental energy to focus on one thing in the moment. Additionally, we will discuss specific components of interpersonal and working relationships combined with mindfulness based practices to improve your overall well-being, maintain efficient job performance and increase your workplace satisfaction. CRYSTAL III
SESSION 3 - Helping Employers Learn How to Support Employees on the Autism Spectrum Disorder
Speaker: Michael Goldman, MA, CEAP, LPC, CRADC, PCGC

EAPs are in a unique position to assist organizations support current or potential employees who are on the Autism Disorder Spectrum. Research shows that when these organizations learn how to work with these individuals, it is profitable to the company as well as the employee. CRYSTAL I

SESSION 4 - Supporting the Substance Abusing Professional Along Whole Continuum of Care
Speakers: Jens Hussey, LCPC, CADC and Sara Tigay, LCPC, CADC

Two addiction treatment experts explain strategies on how to support the struggling professional at work, during treatment, and beyond. Especially targeting attorneys, physicians, and other professionals with high stress, high-accountability positions. Review different strategies on how to support these employees with access to resources. Discuss impactful treatment strategies along entire continuum of care. Lastly, processes and best practices for critical return to work stage. CRYSTAL II

LUNCH & SPEAKER - 11:45 am – 1:15 pm
Despair, Discovery and Healing OAK AND BROOK

Early Afternoon Session - 1:30 - 3:00 pm

SESSION 5 - How to Better Self-Manage Conflict for Productive Outcomes
Speaker: Lawrence Hedblom, PCC

Conflict is inevitable and, too often, destructive. This session will introduce tools to better manage responses to conflict for more productive outcomes. Participants will gain insight into their natural communication style and how their response to conflict is in their control. They will come away with personalized strategies to curb destructive behaviors and methods to develop more effective responses. FRENCH ROOM

41st Annual Conference
SESSION 6 - A Transdiagnostic Approach: An Introduction to Radically-Open Dialectical Behavior Therapy
Speakers: Danielle Doucette, PsyD, CEDS and Priscilla Kang, LCSW, CEAP

Radically-Open Dialectical Behavior Therapy (RO-DBT), a new evidence-based and transdiagnostic treatment for disorders characterized by excessive over-control, has demonstrated effectiveness in treating chronic depression and treatment-resistant anxiety, among other hard-to-treat conditions. Being over-controlled can be seen as a positive attribute. However, excessive over-control can be debilitating, may negatively impact relationships, and exacerbate mental health difficulties. Core skills, interventions, and underlying theory of RO-DBT vary quite considerably from other treatment approaches. In this presentation, participants will learn, both didactically and experientially, about the bio-social factors that contribute to excessive over-controlled coping and the novel mechanism of change facilitated through RO-DBT. CRISTAL III

SESSION 7 - Recognizing Eating Disorder Behaviors in the SUD Population and Integrated Treatment
Speaker: Leah Young, LCPC

For a long time ED and SUD were treated separately or in succession. We have learned that this is not an effective path to recovery. A more thorough understanding of these disorders, how they interact and how to effectively treat them is imperative. This program will discuss the interplay, similarities and differences between ED and SUD; the treatment approaches with emphasis on Integrated Treatment; and will review the NIDA guidelines for effective treatment. CRISTAL II

SESSION 8 - Using Team-Building Activities to Impart the Spirit of AA's Twelve Steps
Speaker: Barney Straus, LCSW, CGP, PCGC

This program will explain the basic premises of team-building and adventure-based counseling. The presentation will explain how the activities allow many individuals to easily practice and understand the principles of 12-Step recovery from addiction. The presentation will include lecture and demonstration of several activities. CRISTAL I

41st Annual Conference
Late Afternoon Session - 3:30 - 5:00 pm

SESSION 9 - You’ve Received a Subpoena for Records or Deposition, Now What?
Speaker: Michael Sprengnether, Attorney at Law

Many EAP recipients have other claims and litigation pending, which opens up the mental health providers records and communications to be subpoenaed by counsel. Too often the lawyers and providers are unaware of the requirements of the Illinois Mental Health and Disabilities Act, and the need for confidentiality. This session will cover how these requests should be handled. CRYSTAL III

SESSION 10 - Identifying and Addressing Internet Pornography Use, Substance Use and High Risk Sexual Behaviors in the Workplace
Speaker: Tammy Malloy, Ph.D, LCSW, CSAT, CCTP

With the attention of our nation focusing on those who engage in inappropriate sexual conduct in the workplace, employee assistance professionals need a greater understanding of how the interplay between high risk sexual behavior and substance use manifests in the workplace. Identifying, assessing and intervening with those struggling with these issues will be a main focus of the presentation. Attendees will have a better understanding of how pornography use, substance use and high risk sexual behaviors present in the workplace. The session will promote a better understanding of the shame and stigma associated with disclosure of someone engaging in pornography use, substance use and high risk sexual behaviors. Learners will be exposed to assessments for pornography use, substance use and high risk sexual behaviors and will be able to identify appropriate resources for those struggling with pornography use, substance use and high risk sexual behaviors. FRENCH ROOM

41st Annual Conference
Exhibitors

NIEAPA GRATEFULLY ACKNOWLEDGES THE FOLLOWING EXHIBITORS:

A Fresh Start Sober Living
ABC Gambling Treatment
Acadia Healthcare
Alkermes
Alsana
American Addiction Centers
Amita Health
Arbor Counseling Center
Aspired Living of Westmont
Banyan Treatment Center
Barrington Behavioral Health and Wellness
CareGiving.com
Center for Discovery
Centers for Family Change
Chestnut Health Systems
Chicago Behavioral Hospital
Chicago Lakeshore Hospital
Critical Thinking for Success
Cumberland Heights Foundation
Dominion Diagnostics
Eating Recovery Center/Insight Behavioral Health
Elderwerks Educational Services
Footprints to Recovery
Foundations Recovery Network
Gateway Foundation
Gentle Home Services
Hazelden Betty Ford Foundation
Head/Heart Therapy, Inc.
Healthcare Alternative Systems, Inc.
Hotel California by the Sea
Illinois Professionals Health Program
J. Flowers Institute
Linden Oaks Behavioral Health
MacNeal Hospital
Midwest Center for Youth & Families
Millennium Counseling Center
Northern Illinois Area 20 AA
Northwestern Medicine-Central DuPage Hospital
Oasis Senior Advisors
Patrick J. Kennelly, PhD and Associates
Perspectives, Ltd
Positive Sobriety Institute and Bluff Plantation
Recovery Works – Merrillville
Riveredge Hospital
Riverwalk Counseling Center
Rogers Behavioral Health
Rosecrance Health Network
Senior Solutions
Summit BHC
SunCloud Health
Symetria Recovery
The Manor
The Renfrew Center
The Way Back Inn
Timberline Knolls
Trilab LLC
UChicago Medicine Ingalls Behavioral Health
UnityPoint Health
Urban Balance

41st Annual Conference
Food Sponsors

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- ABC Gambling Treatment
- Amita Health
- Banyan Treatment Center
- Foundation Recovery Network
- Hotel California by the Sea
- Illinois Professionals Health Program
- Rosecrance Health Network

GOLD BREAKFAST SPONSOR
- J. Flowers Institute
- Symetria Recovery
- The Way Back Inn

SILVER BREAKFAST SPONSOR
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- Linden Oaks Behavioral Health
- Oasis Senior Advisors
- SunCloud Health
- Timberline Knolls

BRONZE REFRESHMENT SPONSOR
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PATRON REFRESHMENT SPONSOR
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Self-Care Door Prizes

NIEAPA GRATEFULLY ACKNOWLEDGES THE FOLLOWING DONORS:

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Arbor Counseling Center
Barrington Behavioral Health & Wellness
Chicago Behavioral Hospital
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Elderwerks Educational Services
Footprints to Recovery
Gentle Home Services
Hazelden Betty Ford Foundation
Illinois Professional Health Program
J. Flowers Health Institute
Millennium Counseling Center
Oasis Senior Advisors
Patrick Kennelly, PhD & Associates
Recovery Works - Merrillville
Riverwalk Counseling Center
Rosecrance Health Network
The Way Back Inn
UnityPoint Health

Members Only Drawing

NIEAPA members will be included in a drawing for:

1 Free registration to EAPA’s 2019 National Conference in St. Louis - Airfare, lodging and registration for 1 attendee who will represent NIEAPA.

2 Free registrations to NIEAPA’s 2020 Annual Conference

...so you have 3 chances to win! Be sure that you receive your entry form at the registration desk.

Good luck!

41st Annual Conference
Advertisers
NIEAPA GRATEFULLY ACKNOWLEDGES THE FOLLOWING ADVERTISERS:

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Amita Health
Banyan Treatment Center
Chestnut Health Systems
D. Feeney Counseling & Consulting LLC
Eating Recovery Center/Insight Behavioral Health
Foundations Recovery Network
Healthcare Alternative Systems, Inc.
Hotel California by the Sea
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Oasis Senior Advisors
Patrick J Kennelly, PhD & Associates Perspectives, Ltd.
Riveredge Hospital
Riverwalk Counseling Center
Rosecrance Health Network
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JANA Please ADD Advertisers
Individual clients have the right:
1. To expect a CEAP has met the minimal qualifications as required by EACC;
2. To obtain a copy of the CEAP® Code of Conduct;
3. To report complaints regarding CEAP® conduct to the EACC;
4. To be informed of all costs of professional services before receiving such services;
5. To obtain copies of their own case records and to have the information therein explained clearly, subject to applicable laws;
6. To expect the CEAP to maintain confidentiality of personal information as required by law;
7. To be informed of any relevant policies regarding confidentiality, to decline any recommended services, and to be fully apprised of the potential consequences of such a decline.

Organizational clients have the right:
1. To expect a CEAP has met the minimal qualifications as required by EACC;
2. To obtain a copy of the CEAP® Code of Conduct;
3. To report complaints regarding CEAP conduct to the EACC;
4. To be informed of all costs of professional services before receiving such services;
5. To full and open disclosure of any potential conflicts of interest, organizational impacts, or similar negative effects from services rendered.
Application

□ New Member □ Renewing Member (Member ID # _________________________)
First Name ________________________________ M.I. ________________
Last Name ________________________________
Degrees/Licenses/Certifications (list 3 most important) ________________________________
Company Name ________________________________
Position ________________________________
Mailing Address: □ Home □ Office
Address ________________________________ Suite/Apt# ________________________________
City ________________________________ State/Prov ________________________________ Zip Code ________________________________
Country ________________________________
Work Phone ________________________________ Extension ________________________________
Fax ________________________________
Home Phone ________________________________
Email Address ________________________________
Date of Birth ________/______/_______ (mm/dd/yyyy)
Are you currently affiliated with a labor union? □ Yes □ No

Your answers to the following items are strictly confidential and are for internal EAPA use only to allow aggregate analysis of demographics related to the EAP and allied professions. EAPA records are encrypted, and EAPA policy strictly prohibits the sharing, publication, distribution, or use of this data in any way that might be connectable to a particular individual or employer.

Current PRIMARY job function
□ EA staff clinician
□ EA phone/internet service center clinician
□ EA network clinician or therapist
□ EA direct services to employers (i.e., training/consulting)
□ EA program management/administration
□ EA account management
□ EA sales/marketing
□ Treatment facility sales/marketing
□ Peer assistance
□ Research/academic
□ Student
□ HR or benefits management
□ Work-life
□ Wellness
□ Chaplain
□ Coach
□ Currently unemployed
□ Retired
□ Other: ________________________________

Highest level of formal education to date
□ Some high school
□ High school graduate
□ Some college
□ Baccalaureate degree(s)
□ Some postgraduate
□ Postgraduate degree(s)
□ Some doctoral
□ Doctorate

Current level of compensation
□ Less than $25K
□ $25K to $50K
□ $50K to $75K
□ $75K to $100K
□ Over $100K
□ I prefer not to respond.
EAPA Code of Ethics

Affirmation of EAPA Code of Ethics:
I pledge while a member of EAPA to observe the EAPA Code of Ethics.
Signature_________________________________________________________ Date________________________________________

EAPA Code of Ethics may be viewed online at:
http://www.eapassn.org/Portals/11/Docs/Membership/EAPACodeofEthics0809.pdf

Important Notice about Membership Fees
Annual dues for Professional and Associate Members from outside the United States are divided into two tiers, based upon the World Bank’s formal categorization of national economies. Non-U.S. members can find their appropriate category reflected on page 6: “Tier 1 and Tier 2 Countries Explained.”

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Membership Fees
See “EAPA Membership Categories” on page 5 for definitions and descriptions of membership types.

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Chapter/Branch Dues
See the “EAPA Chapters and Branches” list on page 7 for a complete listing of the ID codes and required local membership dues of all current EAPA chapters and branches

| Chapter/Branch #1 (Required U.S. members) | ID__________ | $_________ |
| Chapter/Branch #2 (Optional)             | ID__________ | $_________ |
| Chapter/Branch #3 (Optional)             | ID__________ | $_________ |
| Chapter/Branch #4 (Optional)             | ID__________ | $_________ |
| Chapter/Branch #5 (Optional)             | ID__________ | $_________ |
| No Chapter (US only)*                    | Chapter Development Assessment ($35.00) | $_________ |

*A Chapter Development Assessment is charged to all U.S. members not affiliated with an EAPA chapter.
If you are a member of one or more of chapters, you will not be charged this assessment.

EAPA Membership and Chapter/Branch Total $________
EAPA Membership Policies

1. No individual shall be denied EAPA membership on the basis of race, gender, age, disability, religion, ethnic origin, or sexual orientation. EAPA welcomes individuals of diverse backgrounds as members and is committed to facilitating their inclusion and participation in all EAPA activities.

2. Dues are non-deductible as a charitable contribution for U.S. federal income tax purposes, but may be deductible as ordinary and necessary business expenses.

3. Membership dues are non-refundable.

4. Membership is for 12 months and takes effect the month that full payment is received and continues through the end of that month a year later.

5. EAPA’s Federal Tax ID Number is: 23-7364481.

6. In keeping with the EAPA Bylaws, members of EAPA in the United States must also belong to a local EAPA chapter if one is available within a reasonable distance. To provide investment resources to enhance the availability of chapters and the benefits they provide to members, EAPA charges a $35 Chapter Development Assessment to all U.S. members not affiliated with an existing U.S EAPA chapter. The assessment does not currently apply to members outside of the United States.

Payment Information

Check/Money Order # ___________________________________________________________

☐ American Express  ☐ Visa  ☐ Master Card  ☐ Discover

Expiration Date ________________________________________________________________

Signature ________________________________________________________________

Name on Card ________________________________________________________________

Membership Dues are Non-Refundable

Mail or email application form and payment to:

EAPA
4350 N Fairfax Drive, Suite 740
Arlington, VA 22203

or

membership@eapassn.org

Questions?
Contact the EAPA Member Services Manager
membership@eapassn.org

Phone: 703-387-1000 ext 334
Fax: 703-522-4585
EAPA MEMBERSHIP CATEGORIES

Professional Member
An individual currently engaged in employee assistance professional activities, including direct delivery or management of EA services, EA consulting, teaching of EA programming or any of its specialized functions at an accredited college or university, and EA related research. Professional members may vote and hold office in EAPA at the chapter or branch level. However, only professionals currently active in the profession may hold office at the international level.

Associate Member
An individual who is associated with or interested in the field of employee assistance, for example, an affiliate provider, vendor, government official, human resources professional, or other individual not directly engaged in an EA role. Associate members may vote and hold office other than president at the chapter level. Associate members may not vote or hold office at the international level.

Student Member
An individual who is currently enrolled in a degree-granting program at a nationally or regionally accredited educational institution. Students must submit evidence of their student status annually. Student members may not vote or hold office at the chapter, branch, or international level.

Government Agency Member
An optional category for a governmental unit. Under this membership, the governmental unit receives none of the services/benefits otherwise associated with organizational membership, and instead designates one employee of the unit to receive individual member benefits. The designated employee of a government agency member will have the voting and office holding privileges associated with either the individual professional or associate membership, depending upon whether he/she is currently personally engaged or not engaged in employee assistance professional activities.

Emeritus Member
This is an honorary membership category. To achieve this status, an individual must be nominated by a member of the board of directors and approved by the board of directors. To be eligible for this award, the individual must have at least 15 years of individual membership in EAPA; be retired from any active employee assistance paid work; be a past or current CEAP; and have served EAPA in at least two elected or appointed positions at either the chapter, branch, or international level. The individual must be personally present at the annual conference awards ceremony to receive the award unless medically or financially unable to attend. A maximum of two individuals may be approved in any given year. Emeritus members may vote and hold office at the chapter or branch level, but not at the international level.
EAPA MEMBERSHIP GIVES YOU...

Information You Can Use
- Journal of Employee Assistance (JEA) - The world’s only journal devoted exclusively to EAP content. JEA is published quarterly by EAPA in both print and electronic form exclusively for EAPA members. Archived copies of every issue from 2nd Qtr. 2007 to current are available to members online.
- EAP NewsBrief - This weekly electronic newsletter gathers articles of interest to EA professionals published anywhere in the world, keeping you connected and informed about the hottest topics in the EA field and within your association.
- Annotated bibliography of EA research articles - A comprehensive bibliography of all EAP-related research articles published since 2000, including outcome statistics and return-on-investment (ROI) studies. Available exclusively to EAPA members.
- Searchable database of past JEA articles - Searchable by key word and author, this online database includes articles and columns published in JEA since 2nd Qtr. 2007 and provides quick access for in-depth review of particular EAP topics.

Discounted Education and Training
- EAP Conference & EXPO - The largest and most intensive EA learning and networking experience in the world. EAPA’s annual conference features pre-conference training courses, cutting-edge keynotes, and breakout presentations to keep you informed about trends and developments in the EA profession worldwide.
- EAPA’s Conference On Demand - Archived multimedia recordings (full audio with synchronized slide presentation) of the keynotes and breakout sessions from the two most recent EAPA Conferences. Sessions can be accessed 24/7 as often as you wish for up to a full year.
- Online courses - Valuable online courses, including CEAP® exam preparation and certification-required ethics courses.
- Live and archived webinars - Live webinars on topics of current significance to EA professionals and 24/7 access to EAPA’s ever-expanding collection of archived classic webinars on EAP topics.

Discounted Professional Credentials
- Certified Employee Assistance Professional (CEAP®) - The world’s only professional credential denoting mastery of the EAP body of knowledge and commitment to the ethical standards necessary for effective EA practice.
- Employee Assistance Specialist - Clinical (EAS-C) - The EAS-C certificate is recognition that the holder has the background and information necessary to function effectively as an EAP affiliate network provider.

Employment Opportunities
- EAP Career Central – Whether you are looking for a job or wanting to hire, EAPA’s specialized online job bank connects EA professionals and employers around the world!

Local and Worldwide Networking
- Searchable online Member Directory - Exclusive access to EAPA’s online member directory, searchable by name, company, location, or chapter/branch, allows you to locate and network with EAP colleagues wherever and whenever you need to.
- Chapters (USA) and Branches (other countries) - Local EAPA chapters within the USA and EAPA branches in other countries provide multiple opportunities for face-to-face professional networking, localized continuing education, and peer-to-peer sharing of knowledge and experiences.
- Social media - EAPA-moderated LinkedIn groups for members and CEAPs provide opportunities for sharing information, asking questions, and discussing topics that affect your work and life. Members can also connect on EAPA’s Facebook page and follow EAPA on Twitter.

More Benefits
EAPA endorsed professional and business liability insurance - Affordable professional liability and business office insurance to protect you in the broad range of settings in which EA professionals practice.
Access to Members-only pages on EAPA’s website - Members-only pages include up-to-date EA Public Policy information, free access to select Conference On Demand sessions, full access to EAPA’s online Library of Free Resources (including recorded webinars on key EA topics), and much more.
EAPA MEMBERSHIP EXCLUSIVE BENEFITS

- Print and electronic subscriptions to the quarterly Journal of Employee Assistance
- Subscription to the weekly EAP NewsBrief electronic newsletter
- Access to the online searchable archives of past issues of the Journal of Employee Assistance
- Access to the online archive of past issues of the EAP NewsBrief
- Access to EAPA’s comprehensive online database of “EA Research and Statistics” articles (2000 - present) to help you make your EAP business case
- Unlimited non-credit access to all 2013-2014 Conference on Demand sessions
- Access to EAPA’s online Library of Free Resources (including recorded webinars on key EA topics)
- Access to the searchable EAPA Member Directory to facilitate peer-to-peer networking and assistance
- Access to members-only sections of EAPA’s website
- Eligibility for local chapter membership to enhance peer networking and local training
- Face-to-face and online networking opportunities with EAP leaders and peers to support your job/business goals and objectives

EAPA MEMBERSHIP DISCOUNTS ON …
The annual EAP Conference & EXPO (plus a discount on most pre-conference training courses)
EAPA’s Conference On Demand unlimited access pack (includes the two most recent EAPAConferences)
Initial CEAP® certification fees – the only recognized credential that represents mastery of the EAP body of knowledge – and CEAP® recertification fees
The online CEAP® Exam Prep Course – featuring analysis of exam topics, sample practice questions, and tips from the experts
EAPA’s EA Specialist-Clinical (EAS-C) training and directory listing
The online DOT/SAP qualifying exam
Every live EAPA Webinar – on topics of current significance to EA professionals
Every archived online EAPA Webinar – a continually expanding collection of classic webinars on EA topics
EAP Career Central employer job postings (resume posting for individual members is free)
Professional Liability and Business Office insurance coverage with Trust Risk Management Services – an EAPA researched and endorsed provider
Other professional EA resources, publication and website advertising, etc.
Local chapter and branch events

These benefits and discounts add up to great value for every individual EA professional! But equally valuable is what our collective memberships in EAPA contribute to the profession that we believe in so deeply. Any strong profession requires a strong professional association. Your investment in EAPA membership is an investment in strengthening the EA profession’s collective identity. That’s important because a strong EA profession benefits all of us.

TOTAL VALUE OF EAPA MEMBERSHIP BENEFITS AND DISCOUNTS Over $1,500!
<table>
<thead>
<tr>
<th>Date</th>
<th>Domain</th>
<th>EAC Pre-Approval Number</th>
<th># of PDHs</th>
<th>Title of Session</th>
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<tr>
<td>6/4/19</td>
<td>III</td>
<td>SSNICP0519-X43</td>
<td>1.5</td>
<td>Forgiveness at Home &amp; at Work</td>
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<tr>
<td>6/4/19</td>
<td>II</td>
<td>SSNICP0519-X44</td>
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<td>Promoting Pro-Social Behaviors for Employee Referred Clients in the Workplace</td>
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<td>6/4/19</td>
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<tr>
<td>6/4/19</td>
<td>II, III</td>
<td>SSNICP0519-X46</td>
<td>1.5</td>
<td>Helping Employers Learn to Support Employees on Autism Spectrum Disorder</td>
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<td>6/4/19</td>
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<td>SSNICP0519-X47</td>
<td>1.5</td>
<td>Supporting the Substance Abusing Professional along Whole Continuum of Care</td>
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<td>6/4/19</td>
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<td>SSNICP0519-X48</td>
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<td>Despair, Discovery and Healing</td>
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<td>6/4/19</td>
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<td>SSNICP0519-X49</td>
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<td>How to Better Self-Manage Conflict for Productive Outcomes</td>
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<td>6/4/19</td>
<td>III</td>
<td>SSNICP0519-X50</td>
<td>1.5</td>
<td>A Transdiagnostic Approach: Into. to Radically Open Dialectical Behavior Therapy</td>
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<td>6/4/19</td>
<td>III</td>
<td>SSNICP0519-X51</td>
<td>1.5</td>
<td>Recognizing Eating Disorder Behaviors in the SUD Population &amp; Integrated Treatment</td>
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<td>II, III</td>
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<td>1.5</td>
<td>Using Team-Building Activities to Impart the Spirit of the AA's Twelve Steps</td>
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<td>1.5</td>
<td>You’ve Received a Subpeona for Records of Deposition - Now What?</td>
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<td>6/4/19</td>
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<td>1.5</td>
<td>Internet Pornography Use, Substance Use, and Sexual Behaviors in the Workplace</td>
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</tbody>
</table>

TOTAL NUMBER OF PDHs: ____________

SIGNATURE OF ATTENDEE: ________________________________
John Sheridan
Labor Person of the Year

2007 JOHN SHERIDAN
2008 ART ZARAGOZA
2009 BOB STEWARD
2010 KEN MORSE
2011 AMERICAN AIRLINES
2012 RUDY ASUNCION
2013 MICHAEL GALLAGHER
2014 CHICAGO FIRE DEPARTMENT
2015 MIKE TINKEN
2016 IBEW LOCAL 701 & NECA
2017 SCOTT CULLEN-BENSON
2018 MARYANN SHEPARD

Who will be the 2019 recipients?

NIEAPA
Member of the Year
Past Recipients

1988 Bill Schleicher
1989 Mike Stroden
1990 Mary Ellen Kane
1991 Judy Dorsey
1992 Barbara McKinney Jackson
1993 Shari Ligett & Leo Miller
1994 Beverly Younger-Urban
1995 Vicki O'Donnell
1996 Scott Cullen-Benson
1997 Edie Bernstein
1998 Linda Bienecke
1999 Bill Heffernan
2000 Gary Cohen
2001 Amy Adlington
2002 Michael Goldman
2003 Dawn Zumstein-Marie
2004 Steven M. Haught
2005 Jan Reisch
2006 Andrea Landsman
2007 Laura Adams
2008 Chris Drake
2009 Chet Taranowski
2010 Marco Jacome
2011 Tom Delegatto
2012 Priscilla Murphy
2013 Charley Galassini
2014 Rick Kronberg
2015 Doug LaBelle
2016 Linda Lewaniak
2017 Paul Fitzgerald
2018 Kathleen Horton
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