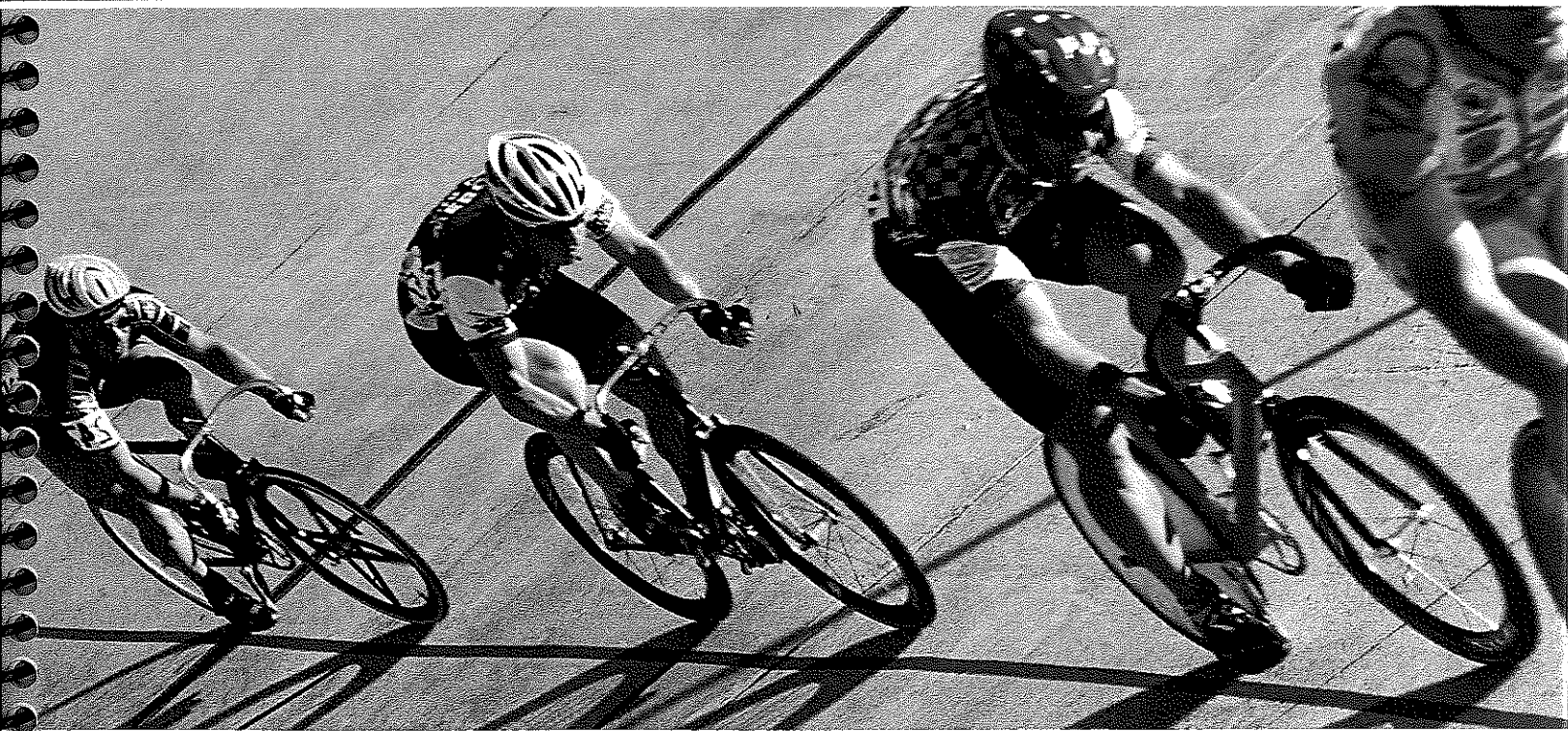


NORTHERN ILLINOIS EMPLOYEE ASSISTANCE  
PROFESSIONALS ASSOCIATION  
CONFERENCE 2006

**MASTERING THE MOMENTUM:  
KEEPING PACE WITH THE EAP  
PROFESSION**



**TUESDAY JUNE 6, 2006**

THE STONEGATE CONFERENCE CENTER • HOFFMAN ESTATES, IL

## EXPANDED AGENDA & WORKSHOP DESCRIPTIONS

**8:00 AM - 8:30 AM**

**CONTINENTAL BREAKFAST - EXHIBITS**

**8:30 AM - 10:00 AM**

### A. OLDER ADULTS - CHEMICALLY AT RISK

There are increasing problems with older adults using mood altering chemicals, including alcohol. The synergistic effect of prescribed medications and alcohol use, and late onset alcoholism will be addressed. Helpful screening instruments will be provided.

*Michael R. Gabbert is a Chemical Dependency Services Manager at Rogers Memorial Hospital in Oconomowoc, WI*

### B. CULTURES AT WORK

Welcome to the reality of global markets! Understanding intercultural communication is becoming a necessity for people who counsel, coach or offer training. Come and explore cultural dimensions that often lead to misunderstandings in the workplace.

*Tatyana Fertelmeyster, LCPC, is a Founder and Principal of Connecting Differences in Buffalo Grove, IL*

### C. IT'S ALL ABOUT THE BRAIN

How do we find what is helpful in so much information about the brain? A paradigm dealing with the neurotransmitters and the five major brain areas will be presented. Practitioners will learn to better understand mental health problems and how to target pharmacological and behavioral interventions.

*Sue Rankin, MA, LCPC, CADC, is a Case Therapist at Central DuPage Hospital Behavioral Health Services in Winfield, IL*

### D. TRAUMA AND RECOVERY WORK: RETHINKING CISD

Responding to 9/11 and Katrina using CISD methods has been challenged. A rethinking of how best to help people recover from traumatic events, including grief and loss is explored, the controversy reviewed and new techniques presented.

*Gary Hill, Ph.D., is Director of Clinical Services at The Family Institute of Northwestern University, Evanston, IL*

**10:00 AM - 10:30 AM**

**BREAK - EXHIBITS**

**10:30 AM - 12:00 Noon**

### E. SEX, THE INTERNET AND ADDICTION

The characteristics of sex and cybersex addiction and compulsion, spanning youth through old age, are defined. Screening tools for EAP practitioners as well as treatment techniques and resources will be provided.

*Cynthia A. Power is a Licensed Clinical Professional Counselor at Life Enrichment Services, Inc., in Wheaton, IL*

### F. MANAGING ACROSS GENERATIONS

Veterans, Boomers, Generation X-ers and Millennials make up the American workforce today. Understand differences among these diverse generations and learn how to suggest to managers ways to enhance each generation's performance in the workplace.

*Mark A. Cerkvenik is an Organizational Development Specialist at Loyola University Medical Center in Maywood, IL*

### G. COMING OUT: LIFE'S JOURNEY

"Coming Out" is not a single event, but a lifelong journey for Gay, Lesbian, Bisexual and Transgender (GLBT) people, as well as for their family members. The opportunities and challenges that arise in the workplace, home and school will be examined. A variety of resources available to individuals and family members will be presented.

*Cheryl Peterson, LCSW, CADC, is a Therapist at Virginia McDonough & Associates in Naperville, IL*

### H. CUSTOMIZING YOUR CRITICAL INCIDENT RESPONSE

EAPs are increasingly called upon to address the complex needs of customer organizations in response to large-scale disasters. Using our large-scale response to the hurricanes of 2004 and 2005, this session demonstrates a customized approach within the framework of the EAPA Workplace Disaster Preparedness Subcommittee's Continuum of Services model.

Panel Discussion:

*Dorothea U. Schneider, MS, is an EAP Consultant at Federal Occupational Health (FOH) in Chicago, IL*

*Diane Stephenson, Ph.D, is an Associate Director at FOH in Chicago, IL*

*Scott Cullen Benson, MA, is a Consultant at FOH in Oakdale, MN*

## EXPANDED AGENDA & WORKSHOP DESCRIPTIONS

**12:00 Noon - 1:30 PM LUNCH**

**KEYNOTE SPEAKER: Jim Wrich**

**1:30 PM - 5:00 PM**

### I. THE STRENGTH-BASED ORGANIZATION

The trend towards strength-based counseling is a welcome one; however, the greatest need is for a strength-based approach that takes hold at every organizational level. EAPs applying these principles can impact organizational planning, change and development, management and supervision, communication and problem solving.

*Pam Woll, MA, CADP, is a Consultant, Author, and Professional Trainer in Chicago, IL*

**1:30 PM - 3:00 PM**

### J. MEDICATIONS IN THE TREATMENT OF ADDICTIVE DISORDERS

Ongoing scientific study continues to add to the number of medications available for the treatment of addictive disorders. A review of medications used in medically assisted withdrawal and long-term treatments will be provided.

*David C. Lott, M.D., is Medical Director of the Chemical Dependency Program at Linden Oaks Hospital at Edward in Naperville, IL*

### K. THE EMPLOYEE ASSISTANCE PROFESSIONAL AND THE LAW

"What should I know about the law and its impact on my day-to-day EA professional activities?" Take a close look at how EAPs can protect themselves from undue liability as professionals, whether with malpractice, contracting or licensing issues.

*Denise DeBelle, JD, is an Attorney at Law in Private Practice in Chicago, IL*

### L. PARENTING IN THE MILLENNIUM

EAPs are consistently called upon to assist clients with parenting issues. Here is a common sense parenting approach to today's children and adolescents, with the focus on the development of trust and empathy between parents and children.

*Michael Feld, M.D., is a Psychiatrist in Private Practice and at Alexian Brothers Behavioral Health Hospital in Hoffman Estates, IL*

**3:00 PM - 3:30 PM**

**BREAK - RAFFLE DRAWING - EXHIBITS**

**3:30 PM - 5:00 PM**

### M. COMING HOME TO LIFELONG RECOVERY

Recovery Coaching and Clinical Case Management provide newly recovering people with their own Recovery Coach after primary treatment. The goal is lifelong recovery by working on planned growth and reducing the incidence of relapse. Learn about this strategy and look at some preliminary outcomes.

*Susan Reed, MSN, CSADC, is a Consultant/Case Manager in Private Practice in Wilmette, IL*

### N. EMOTIONAL INTELLIGENCE AT WORK

With skills training and coaching you can increase your emotional intelligence (EI)! Learn how you, your clients and their managers can use EI skills and assist employees to radically improve their job performance and job satisfaction.

*Douglas McKinley, RCC, CLC, Psychologist, is the President of Associates in Family Care, Ltd., and affiliated with Institute for Life Coach Training, both in Naperville, IL*

### O. IDENTIFYING AND ASSESSING GAMBLING PROBLEMS

Gambling has been a feature in the culture of most societies. Is it an addiction or a compulsive disorder? Are there unique factors and characteristics? The tools and techniques presented will support the EA professional to appropriately identify, diagnose and assess.

*Doug LaBelle, LCSW, CEAP, CNGC II, is a Psychotherapist in Private Practice in Lake Bluff, IL*