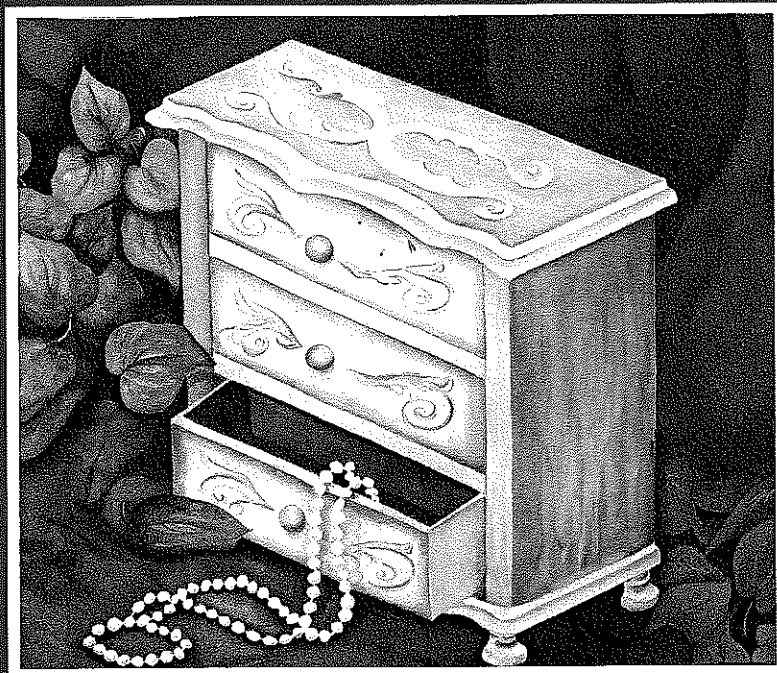


NORTHERN ILLINOIS EMPLOYEE ASSISTANCE
PROFESSIONALS ASSOCIATION

30TH ANNIVERSARY (PEARL) CONFERENCE 2008

COLLABORATION • LEADERSHIP • INNOVATION
STRATEGIES FOR WORKPLACE PROFESSIONALS



"Pearl Anniversary," an original watercolor by NIEAPA Administrator, Essie Landsman, is one of our raffle prizes

Tuesday June 3, 2008
The Stonegate Conference Center
Hoffman Estates, IL

AGENDA & WORKSHOP DESCRIPTIONS

8:00 am - 8:30 am

CONTINENTAL BREAKFAST - EXHIBITS

8:30 am - 9:45 am

PLENARY SESSION

WELCOME AND INTRODUCTION

Chet Taranowski, PhD, LCSW, CEAP, President, NIEAPA

REMARKS FROM EAPA HEADQUARTERS

THE STATE OF THE EA PROFESSION

John Maynard, PhD, CEO, Employee Assistance Professionals Association, Arlington, VA

A. THE HIDDEN COST OF DEPRESSION: OPPORTUNITIES FOR EAPS AND DISABILITY MANAGEMENT

EAPs are in the unique position of providing leadership to organizations in dealing with employee depression and other mental health issues. Dr. Conti will provide an examination of the costs connected with depressive disorders in a large financial services company and the efforts of a combined EAP, Occupational Health, and Human Resources team to respond. He will highlight the increasing impact of depressive disorders on disability benefits and how to manage these cases.

Dan Conti, PhD, EAP and WorkLife Director, JP Morgan Chase, Chicago, IL

9:45 am - 10:00 am

BREAK - EXHIBITS

10:00 am - 11:30 am

CONCURRENT SESSIONS

B. DOMESTIC VIOLENCE AND STALKING IN THE WORKPLACE

This session will focus on how domestic violence and stalking infiltrate the workplace. Topics covered will include workplace violence policies, how to create management awareness, topics for training, signs of abuse, how to respond to domestic violence victim, how to conduct a lethality assessment, workplace violence safety plans, laws and case studies.

Pam Paziotopoulos, JD, President, Paziotopoulos Group, and former Cook County State's Attorney prosecutor, Chicago, IL

C. NAVIGATING THE CHANGING WORKFORCE: SUSTAINING PASSIONATE ENGAGEMENT

In order to have a passionately engaged workforce, it is essential to understand the emotional drivers generating employee momentum and know how we can trigger those drivers at the right times. Leadership skills which build and sustain the passionate engagement of employees are vital to maintaining a productive working team and impacting the corporation's bottom line. Dr. McKinley will describe passionate engagement and suggest how it can be fostered.

Doug McKinley, PsyD, President, The McKinley Group and Director of Coaching, The Institute for Life Coach Training, Naperville, IL

D. TRANSFORMATION OF THE AMERICAN WORKFORCE: DISABILITIES, ELDERCARE AND THE BOTTOM LINE

This panel discussion will focus on information, services and support systems available to better enable employee assistance professionals and private practitioners in the implementation of an integrated approach to managing work and non-work related disability and aging issues. Four nationally recognized executive directors, representing either a disability or elder based advocacy organization, will discuss practices that can improve workplace effectiveness as well as improve the lives of employees and/or their disabled or aging family members.

Diane Coleman, JD, MBA, Executive Director, Progress Center for Independent Living, Forest Park, IL

Charlotte Des Jardins, BS, Executive Director, Family Resource Center on Disabilities, Chicago, IL

Jon Levin, MPF, Executive Director, AgeOptions, OakPark, IL

Karen McCulloh, RN, BS, Executive Director, Disabilityworks, The Chicagoland Chamber of Commerce, Chicago, IL

E. WOMEN: TREATMENT AND RECOVERY FROM ADDICTION

Research shows that women differ from men in the way they metabolize alcohol and drugs due to physiological differences, such as enzymes, hormones, and body fat. Women also become addicted for different reasons than men and experience addiction differently. Women face different physical, emotional and psychological challenges in addiction and recovery. Treatment and recovery work best when these difference are taken into account.

Brenda Iliff, MA, LADC, Clinical Director, Hazelden Women's Recovery Center, Center City, MN

11:30 am - 11:45 am

BREAK - EXHIBITS

11:45 am - 1:15 pm

LUNCHEON

PRESIDENT'S ADDRESS

Chet Taranowski, PhD, LCSW, CEAP

MEMBER OF THE YEAR PRESENTATION

Laura Adams, LSCW, CEAP - 2007 Recipient

SPEAKER

Scott Damiani, Executive Director, The Outreach Foundation

1:15 pm - 1:30 pm

BREAK - EXHIBITS

1:30 pm - 3:00 pm

PLENARY SESSION

F. THE HERO'S JOURNEY: LEGENDARY LEADERSHIP AND EMPLOYEE ENGAGEMENT

When the late Joseph Campbell published "The Hero with a Thousand Faces," his premise was simple: while the costumes change from culture to culture, the Hero's deed or act, and the process that he or she undertakes in achieving a goal, remain virtually the same. This interactive, multi-media presentation provides participants with an emerging leadership model. Mr. Mangrum suggests that whenever we challenge an employee or client to achieve a difficult goal, we are, in fact, sending a Hero on a Quest. This program defines a six-step process of a Hero's Journey which participants can apply in their successful journeys.

Jeff Mangrum, BA, President, SST Communications Inc, Chicago, IL

3:00 pm - 3:30 pm

EXHIBITS - RAFFLE

3:30 pm - 5:00 pm

CONCURRENT SESSIONS

G. COACHING THE DISRUPTIVE PROFESSIONAL

Disruptive professionals exist in every setting, and organizations are now being held to the task of confronting and managing them. Mr. Delfosse will discuss the costs to the organization and an overview of the Disruptive Professional Coaching Program offered through Perspectives, Ltd.

Dennis M. Delfosse, LCPC, Organizational Development Consultant, Perspectives, Ltd, Chicago, IL Consultant, Perspectives, Ltd, Chicago, IL

H. EAP AND MENTAL HEALTH BENEFITS: A BROKER'S PERSPECTIVE

As EAPs, our occupation is governed by the financial decisions of benefit managers, who in turn are assisted by benefit brokers. This program will survey these benefit decision-making processes, and will help attendees understand how to approach employers to encourage the establishment and continuation of EAPs.

Alexandra Jung, BS, Senior Vice President, National Key Account Management, Aon Consulting, Chicago, IL
Chet Taranowski, PhD, LCSW, CEAP, Employee Assistance Coordinator, Aon Corporation, Chicago, IL

I. EAP AND END OF LIFE PLANNING

Employee quality of life and job performance are negatively impacted by a loved one's illness and/or "end of life" planning demands. Hospice is an underutilized resource that provides great support during this difficult time. EA providers may offer assistance to employees by learning the basics of hospice care and "end of life" planning. National resources will be provided.

Robert Stoner, LCSW, Bereavement Coordinator, MERIT Hospice, Lombard, IL

J. WORRIED AT WORK ABOUT WORK (AND HOME, AND FAMILY, AND...)

This presentation will focus on how worry affects work performance. From concerns about home, work, parents, kids, pets, neighbors, etc., this workshop will provide EA professionals with tools to help identify worry and also determine what to do about it. We will also look at specific examples of stressors, such as children who refuse to go to school or individuals who experience panic attacks.

Patrick B. McGrath, PhD, Director, OCD and Related Anxiety Disorders Program, Alexian Brothers Behavioral Health Hospital, Hoffman Estates, IL

