34th Annual Conference

NORTHERN ILLINOIS CHAPTER
EAP ASSOCIATION
LABOR • MANAGEMENT • CONSULTANTS

NORTHERN ILLINOIS EMPLOYEE ASSISTANCE PROFESSIONALS ASSOCIATION

TODAY'S RESILIENCE = TOMORROW'S REWARDS

Tuesday, June 5, 2012
The Stonegate Conference Center
Hoffman Estates, IL
EXPANDED AGENDA, WORKSHOP DESCRIPTIONS, & ROOM LOCATIONS

7:45 am – 8:15 am GRAND BALLROOM CONTINENTAL BREAKFAST – EXHIBITS
8:15 am – 9:45 am LAKESIDE PAVILION CONCURRENT SESSIONS I

WELCOME AND INTRODUCTIONS
Chris Druke, LCSW, CEAP
President, NIEAPA

3. ASSESSING & TREATING ADDH & LEARNING DISABILITIES IN CLIENTS WITH SUBSTANCE DEPENDENCE & ABUSE
SALON B

This presentation will teach participants how to identify ADHD in clients, how to determine if a client needs educational testing for learning disabilities, and increase understanding of the co-morbidity of these disorders with substance dependence. An overview of treatment for ADHD will be included, as well as an assessment tool that can be completed immediately when there is an indication that ADHD may be present.

Melan J. Ward, LCSW, CADC, and James P. Ward, LCSW, CEAP, CAADC, Northfield, IL.

4. IDENTIFYING AND PROVIDING RESOURCES FOR FINANCIAL STRESS SLATEMARBLE ROOMS

This workshop will provide information on how to identify financial distress while referring social service and legal resources to individuals. The presenter will allow attendees to gain an overview of all options related to delinquency and how mitigation and changes from the position of those who are facing financial stress. The audience will gain knowledge on how to communicate with clients, understand how to respond to credit reports, and learn about debt repayment options.

Jackie See, MS, Educational Outreach Coordinator and Certified Personal Financial Counselor, Chicago, IL.

5. EASY AND EFFECTIVE COUPLE COUNSELING (PART A)

Part II will be continued at 1:45 pm (see below – sessions 6)

SALON A

The first half of this workshop will focus on learning and understanding the beliefs, patterns and behaviors that impact the couple’s relationship. Before a couple walks into your office there are things that are automatically true about how they relate. Over 80% of couples live these patterns and act on these beliefs with little or no awareness of what they are doing or the impact it has on their relationship. (see session 6)

Cheri De Moss MA, LPC, CADC, MADCDIVI, MAC, NCRS, CAADC, Director, Empowering Options Counseling Innovations, Chicago, IL.

6. EASY AND EFFECTIVE COUPLE COUNSELING (PART B) SALON B

The second half of the workshop will focus on learning how to present without shaming the couple or reacting to their behaviors. The skill is in making them aware of their behaviors, empowering the couple as a whole and helping them create clear options for their relationship. You will learn how to (a) engage couples in the initial session within the first 20 minutes, (b) create absorbing, optimistic and empowering sessions every time, (c) understand and spot this basic list of beliefs, patterns and behaviors and empower the couple as a whole, helping them create clear options for their relationship.

Cheri De Moss MA, LPC, CADC, MADCDIVI, MAC, NCRS, CAADC, Director/Owner, Empowering Options Counseling Innovations, Chicago, IL.

7. BIOMETRIC & NEUROFEEDBACK FOR ADDICTION BOULDERGARANITE ROOMS

The manifestations of stress on the immune system and addiction are well documented and multiplying in our workplace. We will explore the science of the stress hormone and the impact on the body, mind, and performance; and how the science behind biofeedback is used to stop the flood. See a demonstration of biofeedback equipment for yourself and learn tools that you can take back to the office. Learn why biofeedback and neurofeedback (multivariate biofeedback) are being used in addiction programs.

Debbie Vynckier, BCIA, President, Caravita Via, Chicago, IL.

8. AN INTRODUCTION TO THE WORKPLACE ASSESSMENT OF VIOLENT RISK: THE WAVE-21 INSTRUMENT SLATEMARBLE ROOMS

The WAVE-21 is a structured assessment tool that is scientifically grounded and part of a best practice approach to assessing and managing workplace violence risk. This instrument is designed for use by threat management team members (typically EAP, HR, and Security) to quickly and efficiently identify risk relevant data and assist in case management. In this presentation, participants will get a general introduction to the WAVE-21 and discuss the practical applications: screening, assessment, management, and monitoring for this tool.

Mark Broncugar, PsyD, President, Midwest Behavioral Risk Management, PC, Schaumburg, IL.

9. DIALECTICAL BEHAVIOR THERAPY OVERVIEW AND PRACTICAL APPLICATIONS

SALON B

This session will provide attendees with an overview of Dialectical Behavioral Therapy through its beginnings as a treatment for Borderline Personality Disorder to its current implementation and application in multiple settings including forensic, hospital, and residential treatment. Specific applications to treatment of substance use disorders will be discussed in this dynamic and interactive presentation.

Allen Downs, PhD, Private Practice, Former CEO of Michael’s House,通讯员 to Foundations Recovery Network, and author of “The Velvet Rope.” Dr. Downs completed a post-doctoral fellowship with Martha Linehan, the developer of DBT.

Beverly Hills, CA.

3:15 pm – 3:30 pm BREAK – VISIT EXHIBITS SPECIAL EXHIBITOR VISITS DOR PRIZES

3:30 pm – 5:00 pm CONCURRENT SESSIONS 10, 11

10. BOARDING: JUST TOO MUCH STUFF!

SALON A

Boarding is not just the stuff of reality television—it is a serious problem that affects millions of individuals across the country. Individuals who board may not come for treatment, but their friends and family will try to bring them in for therapy. Figuring out how to engage, work with, and help a hoarder is complicated, and often frustrating. Join Dr. Patrick McGrath, a therapist on TLC’s hit show “Boarding: Buried Alive,” as he discusses the treatment of hoarding and illustrates the complex case of hoarders using video from his television appearances.

Patrick McGrath, PhD, Director, Alexion Behavioral Health Hospital, Center for Anxiety and OCD, Hoffman Estates, IL.

11. COMPARATIVE EFFECTIVENESS OF INTERNAL VS. EXTERNAL EAP MODELS: A CORPORATE STUDY SLATEMARBLE ROOMS

Caseharpal uses a hybrid EAP that shares elements of both the internal or online model and the increasingly common external or offline affiliate model. Their pros and cons have been hotly debated in the EAP field. They will be compared using the Workplace Outcome Suite (WOS), a standardized and validated workplace outcome measure. Data will be presented along with the implications and speculation of the future of internal EAP.

Matt Molleda, MS, LPC, Vice President/Operations, Cheyenne Global Partners, Rocklin, CA, and John Wing, PsyD, SPHR, Manager, Disability and Behavioral Health, Caseharpal, Inc., Phoenix, AZ.

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