35th Annual Conference

NORTHERN ILLINOIS CHAPTER
EAP ASSOCIATION
LABOR • MANAGEMENT • CONSULTANTS

NORTHERN ILLINOIS EMPLOYEE ASSISTANCE PROFESSIONALS ASSOCIATION

SUPPORTING THE MULTIFACETED NEEDS OF EMPLOYERS AND EMPLOYEES

Tuesday, June 4, 2013

Drury Lane Oak Brook
Oak Brook Terrace, IL
3. THE NATIONAL BEHAVIORAL CONSORTIUM INDUSTRY PROFILE OF 82 EXTERNAL EAP VENDORS CRYSTAL III

This interactive session will review the development, deployment and findings of a multinational EAP vendor survey that included over 150 million covered lives and over 5,000 client companies. Attendees will learn how to construct a survey of EA vendors, how to use intermediaries to create awareness of a survey and how to access the publicly available results.

Stacia Granberry, Ph.D., Executive Director of the National Behavior Consortium, Bunion, RBA, La Crosse, WI
Terry Cullins, LCSW, Principal, Perspectives, Chicago, IL

4. YOU BET, BOSS!! CRYSTAL I

There is an annual multi-million dollar impact of problem/pathological gambling/gamblers on the workplace and EAPs can help reduce the risks of this impact. Attendees will learn how to identify and define types of gambling and gamblers, understand and explain the impact of problem gambling on the workplace and learn next steps for EAPs encountering this problem.

Doug LaBelle, LCSW, CEP, NACC II, Advocates, Resources for Change, Lake Bluff, IL, and Kanoshia, WI

5. WHY FAMILIES WANT TO INTERVENE CRYSTAL I

"Why Families Want to Intervene" seeks to help professionals, family members, educators and interventionists look at the complex roles within the family system that can often prevent an intervention from occurring. Providing an in-depth analysis of the emotional manipulations that occurs in each family member, this presentation is designed to provide professionals with a better understanding of how deeply intertwined the dynamics of addiction really are, and to understand why it is that a family in need of help is often working against you...rather than for you.

David S. Lee, CCBG, CACD, CFS, Founder and owner, Sober Solutions Inc. and Intervention Services and Technologies Inc. Lowell, MA

6. DIRECT THERAPY TECHNIQUES WITH RESISTANT CLIENTS CRYSTAL I

This program will describe and demonstrate the Direct Decision model, a cognitivebehavioral approach to psychotherapy. This model is particularly well suited for working with resistant clients, especially through the use of anti-experiential techniques and paradoxical interventions. Challenging situations can often be transformed from low- to win-win situations. The presentation will provide an overview of the Direct Decision model, followed by a live demonstration.

Manuel S. Silveman, Ph.D., Clinical Psychologist, Chicago, IL

11:45 am - 1:15 pm
LUNCH & DOOR PRIZES BROOK

1:15 pm - 1:45 pm
BREAK: VISIT EXHIBITS VENETIAN AND TERRACE

1:45 pm - 3:15 pm
CONCURRENT SESSIONS 7, 8, 9, 10

7. SYNTHETICS: WHAT ARE THEY AND HOW DO WE TEST FOR THEM? CRYSTAL I

This presentation will identify what are the up and coming synthetics, their effects, treatment options and how to test for them. Tarring in an important place as new technology has been developed and will shape how we treat our clients. This is an interactive discussion. Attendees will learn routines of admission and effects of synthetics, treatment options for synthetics and new types of drug screens.

Abdi Fahemy MD, President and CEO, Soft Landing Ltd., Oxbrook Terrace, IL

8. YOUR EMPLOYEE'S SECRET FOOD LIFE CRYSTAL III

"How is he overweight? He always eats healthy." The secret food habits of a close client contrast sharply with those observed in public. A little pesty love after a stressful day or late-night food party to appease a hungry heat can contribute to obesity, lethargy, medical risk and compromised performance. Attendees will learn terms and traits related to eating, emotional and excessive eating, how these behaviors affect individuals and how to address this issue in a supportive, non-threatening way.

Cathy Lewin, MA, RD, LD, CPT, Founder and Owner, NutriFit, Glen Ellyn and Chicago, IL


With gay marriage a reality in nine states and gay marriage in Illinois being potentially passed as early as January, the workplace will see an increase in the number of out LGBT employees. Along with that visibility, the workplace could see an increase in the occurrence of addiction issues with their LGBT employees due to their ability to more openly be themselves. This session will outline issues related to the visibility of LGBT employees, particularly as it relates to addiction.

Jeff Kechkem, LCSW, CACDC, BDP, President and Clinical Director, New Hope Recovery Center, Chicago, IL

10. CHOKING UNDER PRESSURE OAK II

Short term interventions are needed to address problems affecting job performance and teamwork. The APA reports that stress costs corporations $300 billion a year in absences, medical costs, lost productivity and turnover. Learn techniques to combat emotional outbursts, impulses, anger and subsequently lost productivity while increasing your team’s executive functioning.

Debbie Finkel, RN, President, CV Performance Institute and Curative Flex, Plainfield, IL

3:15 pm - 3:30 pm
BREAK - VISIT EXHIBITS

3:30 - 5:00 pm
CONCURRENT SESSIONS 11, 12

11. THE EVOLUTION OF THE CRITICAL INCIDENT RESPONSE OAK II

The delivery of competent compassion on the worst day of someone’s life is truly important work. In addition, the high-impact, high-visibility nature of critical incidents require diligent linking of research to practice. This presentation will outline important advances in the ways that CIP/CIR services should be delivered. Attendees will learn how evidence informed practice guides critical incident response practice standards and how to provide CIP delivery within a business context.

Bob Nystrom, M.S.W., President, Crisis Care Network, Grand Rapids, MI
Jeff Goree, M.S.W., EAP Account Executive, Crisis Care Network, Grand Rapids, MI

12. ABSTINENCE ONLY? OAK I

Hazard, a historical abstinence-based 12 step facilitated treatment facility, began medication-assisted treatment for opioid addicts. This presentation will examine the history of abstinence-based programs, the scientific evidence regarding medication-assisted treatment for opioid addiction and an examination of therapeutic outcomes.

Jeffrey Haugman, Director of Business Development, The Hazelden Foundation, Chicago, IL